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Patient participation is a core element of legislation in most countries in the western world today, including Sweden.

However, patient participation is not yet fully implemented in clinical practice, and participation is not always experienced by patients. There are challenges in the nature of the relationship between laypersons and professionals and definitions and priorities have been found to be mismatched. Therefore, evaluations and investigations of measures and innovations on patient participation should include the patient's perspective.

Patients with long-term conditions, the numbers of which are increasing worldwide, are particularly amenable to the benefits of patient participation, especially in terms of self-management and control of symptoms. Clinical work in a PHC centre as a district nurse includes meeting many diverse patients, of which several are in their old age and have long-term conditions. This thesis focuses on patient participation in open healthcare in adults with long-term conditions, evaluating and applying a novel measure on patient participation, and investigating a self-management programme in PHC with a specific pedagogic approach regarding patient participation. All studies comprise the patient's perspective.

ISSN 1652-1153
ISBN 978-91-7529-241-0

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2018

Doctoral Dissertation

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Medical Science with specialisation in Healthcare Sciences



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