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The majority of all surgeries are performed as day surgery. After discharge, patients are expected to take responsibility for their own postoperative recovery. It has been reported that patients can feel uncertain about whether their recovery is proceeding as planned and that they need professional support during their postoperative recovery. Recovery Assessment by Phone Points (RAPP) is a mobile phone app that provides an e-assessment and follow-up on postoperative recovery, including the Swedish web version of the Quality of Recovery questionnaire (SwQoR), and enables the patient to get in contact with the day surgery unit. This thesis describes the development and evaluation of as well as experiences regarding an e-assessed follow-up on postoperative recovery after day surgery.

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e-Assessed follow-up of postoperative recovery – development, evaluation and patient experiences

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