Preprint

This is the submitted version of a paper presented at 24th Nordic Congress of Gerontology, Oslo, Norway, 2-4 May, 2018.

Citation for the original published paper:

In: 24th Nordic Congress of Gerontology

N.B. When citing this work, cite the original published paper.

Permanent link to this version:
http://urn.kb.se/resolve?urn=urn:nbn:se:oru:diva-67366
Title: Enhancing dignity in older persons in Sweden - adaptation of the Dignity Care Intervention

Annika Söderman, RN, PhD-student\textsuperscript{1}, Ulrika Östlund, RN, PhD\textsuperscript{2}, Carina Werkander Harstäde, RN, PhD\textsuperscript{2}, Karin Blomberg, RN, Associate Professor\textsuperscript{1}

\textsuperscript{1} Faculty of Medicine and Health, School of Health Sciences, Örebro University, Örebro, Sweden
\textsuperscript{2} Centre for Collaborative Palliative Care, Faculty of Health and Life Sciences, Linnaeus University, Växjö, Sweden
\textsuperscript{3} Centre for Research & Development, Uppsala University/Region Gävleborg, Gävle, Sweden

Name Primary Author: Annika Söderman
Affiliation: Faculty of Medicine and Health, School of Health Sciences.
Email: annika.soderman@oru.se
Phone: 019-30 30 38
Nationality: Sweden

Name Secondary Author:
Ulrika Östlund
Affiliation: Centre for Collaborative Palliative Care, Faculty of Health and Life Sciences, Linnaeus University, Växjö, Sweden/Centre for Research & Development, Uppsala University/Region Gävleborg, Gävle, Sweden.

Carina Werkander Harstäde
Affiliation: Centre for Collaborative Palliative Care, Faculty of Health and Life Sciences, Linnaeus University, Växjö, Sweden.

Karin Blomberg
Affiliation: Faculty of Medicine and Health, School of Health Sciences.
Email: karin.blomberg@oru.se
Phone: 019-30 12 70

Presenting Author: Annika Söderman
Stream: Health Sciences
Topics: Palliative care, End-of-life care, Psycho social interventions.
Wish for: Oral (Paper) presentation or Poster presentation.
Abstract

Background
In end of life, the older persons’ experiences of dignity can be affected due to serious illness and life changes, derived from physical, psychological, social and existential dimension. Loss of dignity impact the persons’ will to live. The Dignity Care Intervention (DCI) was developed and tested in Scotland and Ireland, to enhance dignity of older persons with palliative care needs, by nurses in municipality care. DCI consists a patient dignity inventory, reflective questions and examples of evidence-based care actions.

The aim was to develop and adapt the DCI to a Swedish context.

Methods
The process of developing and adapting the DCI consisted of 1) translating and adapting the patient dignity inventory including expert panel and cognitive interviews, 2) a literature review and interviews with older persons, relatives and health care professionals gathering culturally relevant dignity conserving care actions.

Research results
The patient dignity inventory was overall accepted by older persons in home care, however some changes in the wording were performed. The Swedish care actions reflected mostly earlier care actions described in the original version. However some more care actions derived in some of the categories in the Swedish DCI (DCI-SWE) e.g. “social support”, and some less care actions derived for example in the category “aftermath concerns”. In DCI-SWE general care actions like e.g. to show respect were concretized unlike the original DCI.

Conclusions
The DCI-SWE has prospects to enhance older persons’ dignity, and is now tested in a feasibility study by twelve nurses in home care.