Margaretha Norell Pejner is a district nurse with experience in municipal home care. The experience includes both clinical work, leadership and supervision. For the past six years, she has been teaching in Halmstad university in the nursing and specialist nursing with specialization in district nurse. The main focus on her research is on registered nurses priority interventions to older patients in municipal home care. The overall aim was to explore and describe which supportive interventions registered nurses use in municipal elderly home care settings and if it is in agreement with the patient’s preferences.

Combined, the four studies in the thesis showed in a substantive theory that emotional support is important to a group of older patients because it helps them to experience serenity. Serenity is a state of relief and the moment required for the patient to be able to move forward in a dignify way. Patients lost or reduced ability to process their emotions makes so that they get stuck in a state, which fatigue them with additional experience of disease and illness. To get out of their state the patient uses the registered nurse as a reliever whose mission is to identify their needs and guide them into a state of serenity. Registered nurses on the other hand, makes priorities based on patients preferences. Registered nurses strengths was their profession that contributed to the patient’s emotions became available to them. Weaknesses was registered nurses workload and lack of knowledge about the identification of emotions. Emotional support should be developed as a nursing intervention and be integrated as a part of nursing.